

Science Saturdays

HANDS-ON, NATURE-BASED FUN

FEBRUARY 2017

Looking for a fun way to spend time with your family? Head to the EcoCenter! Each Saturday our trained naturalists and partners offer a hands-on, nature based, fun event that is perfect for young kids to adults.

TEA FROM THE WILD

FEBRUARY 4 12:00PM-2:00PM

Did you know you can make healthy, tasty teas from local California plants that grow right outside your door? Join EcoCenter staff for a tour of our native plant landscape to discover which plants to use and then join us inside for a tasting of delicious herbal brews.

GET DOWN AND DIRTY WITH OUR NATIVE PLANT GARDEN

FEBRUARY 11 10:00AM-1:00PM

Join staff from the EcoCenter and SF Recreation and Parks for this hands-on Science Saturday caring for the native plants that call Heron's Head Park home. Come dressed in comfortable clothes and get ready to get dirty as we learn to identify local plants and help to remove invasive species.

BIRD WALK WITH SAN FRANCISCO NATURE EDUCATION

FEBRUARY 18 10:00AM-12:00PM

Join naturalists and volunteers from San Francisco Nature Education for a walk along the wetlands of Heron's Head Park. Learn how to identify the bounty of birds that visit our park using binoculars and spotting scopes that will be provided. Everyone will take home a check list of the birds of Heron's Head Park to use during your next visit and children ages 12 and under will receive free field journals. Please meet at the Herons Head Park trail head by 10:00 am. For further information, please contact info@sfnature.org or ecocenter@bay.org.

HERON'S HEAD PARK TRAIL WALK

FEBRUARY 25 10:00AM-12:00PM

In collaboration with SF Recreation and Parks and the Healthy Parks, Healthy People initiative, join professional guides on an interpretive walk to admire the San Francisco waterfront as we follow a short section of the Bay Trail. This low impact walk is great for socializing and bird watching. The walk will begin in the mini-park next to the Heron's Head Park parking lot at 10:00 am. Don't forget to bring water, hats, and sunscreen!



ecocenterhhp.org
(415) 839-4963
Jennings Street at Cargo Way,
San Francisco, CA 94124
A division of bay.org